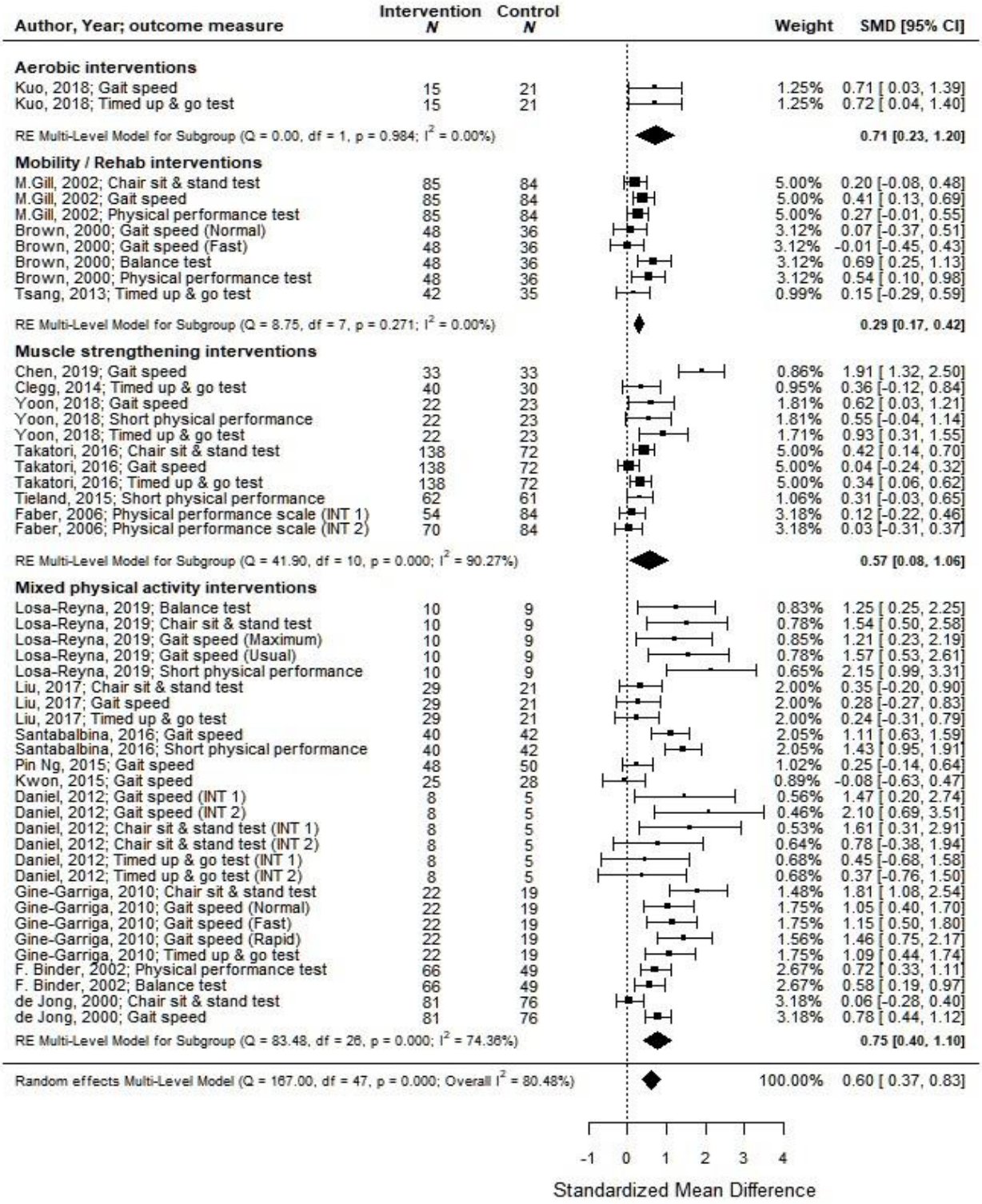
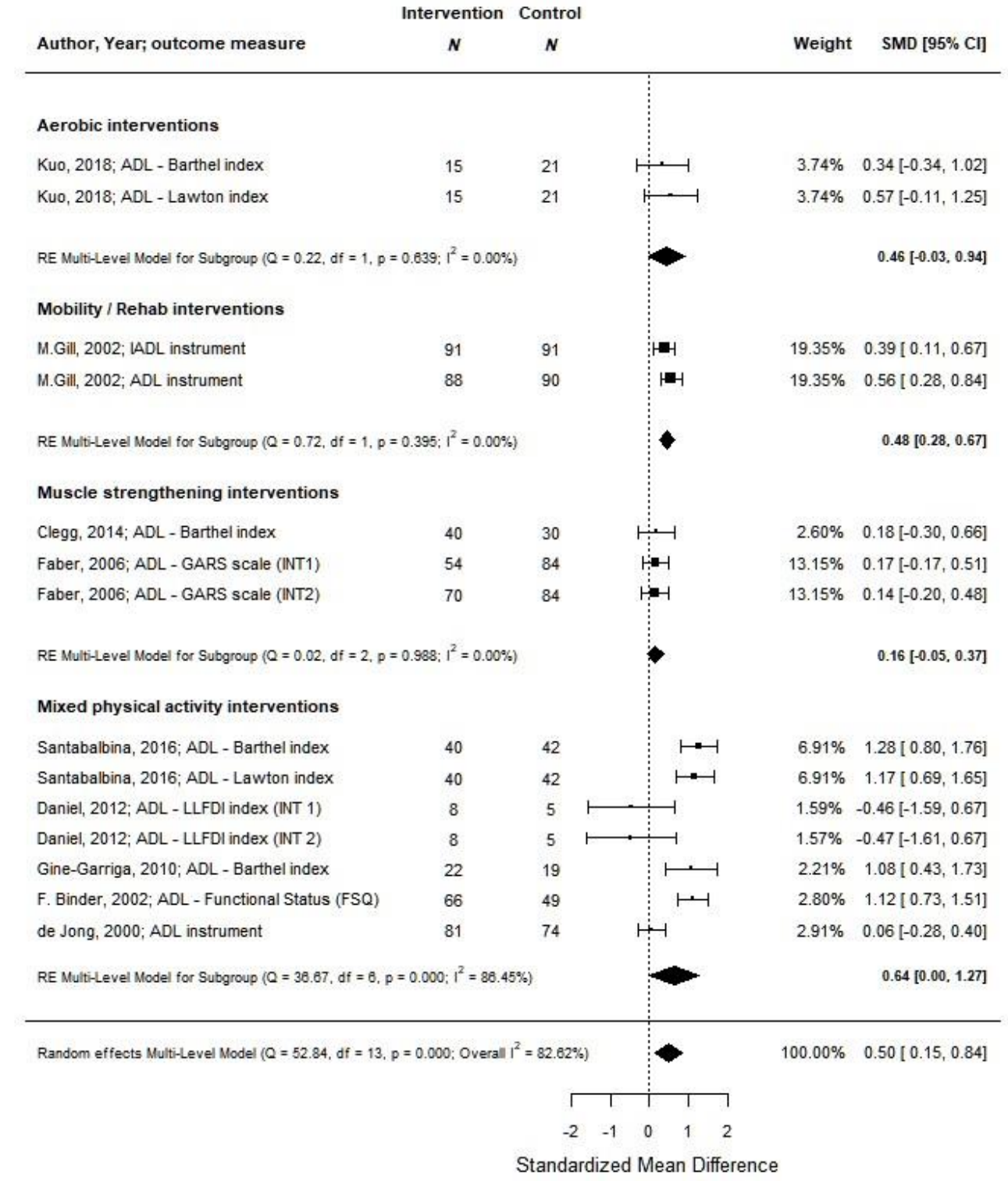
Meta-analysis Forest Plots for Outcomes

CFN –Physical activity interventions

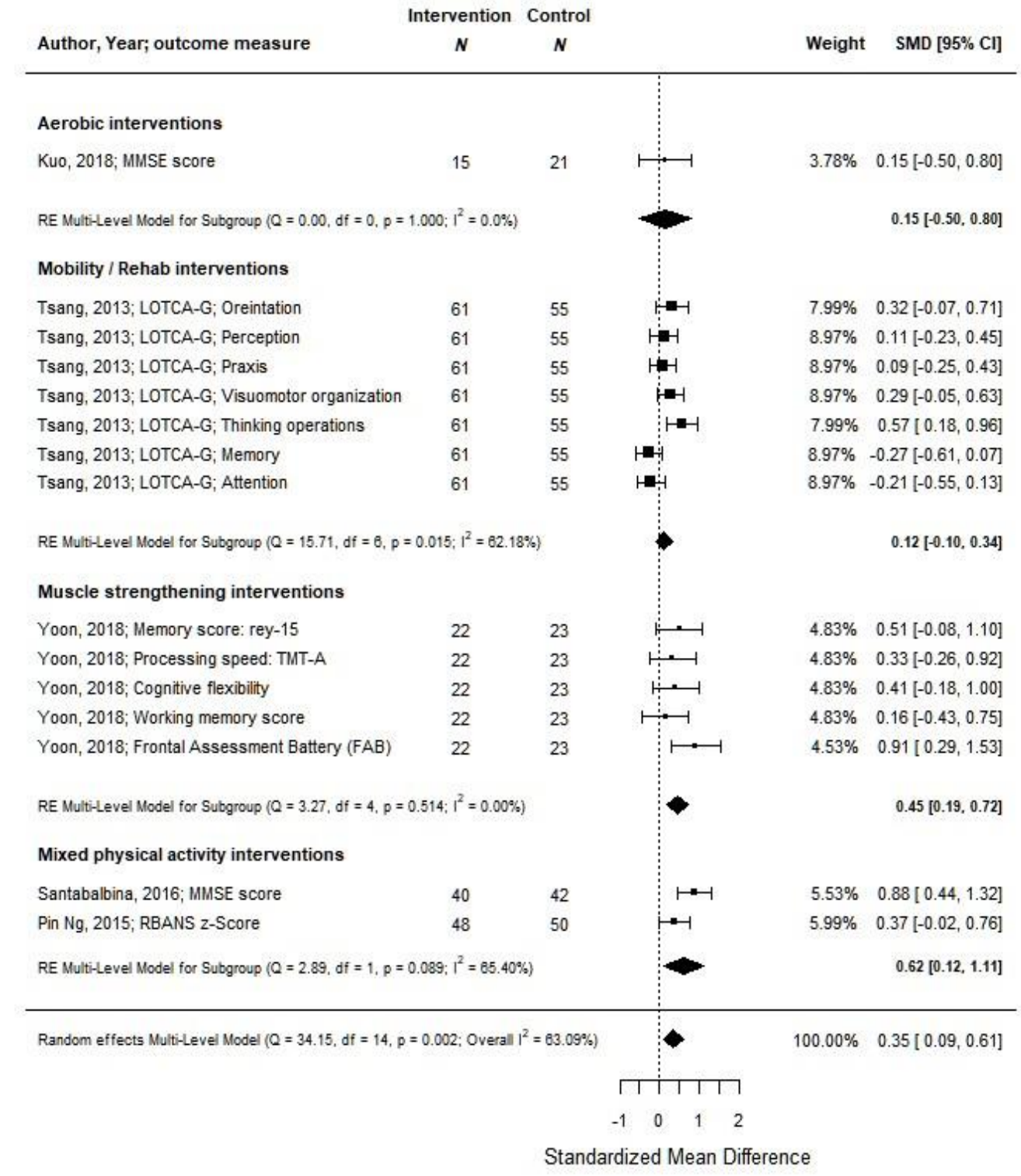
Effect on Mobility outcomes



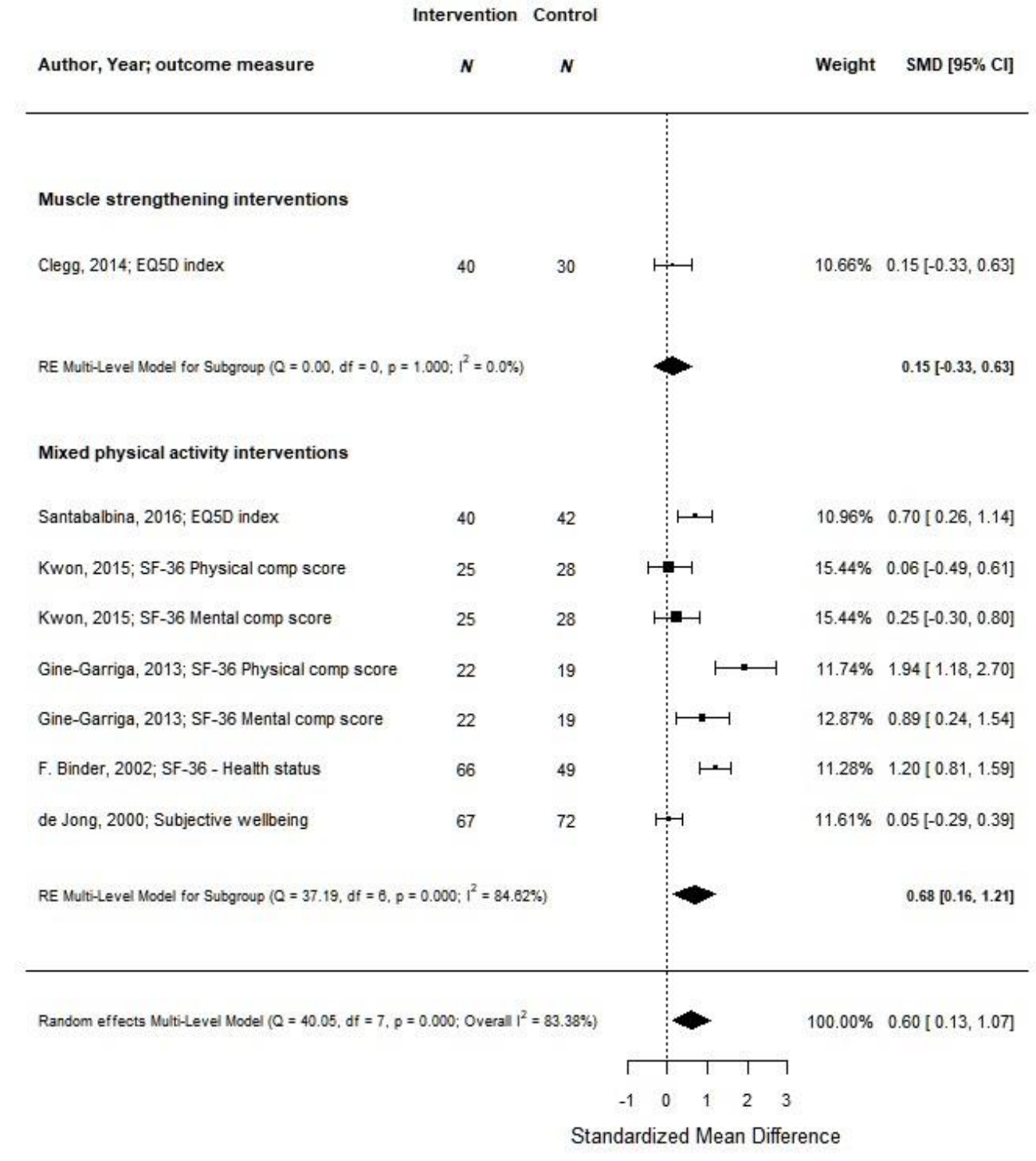
Effect on Activities of daily living



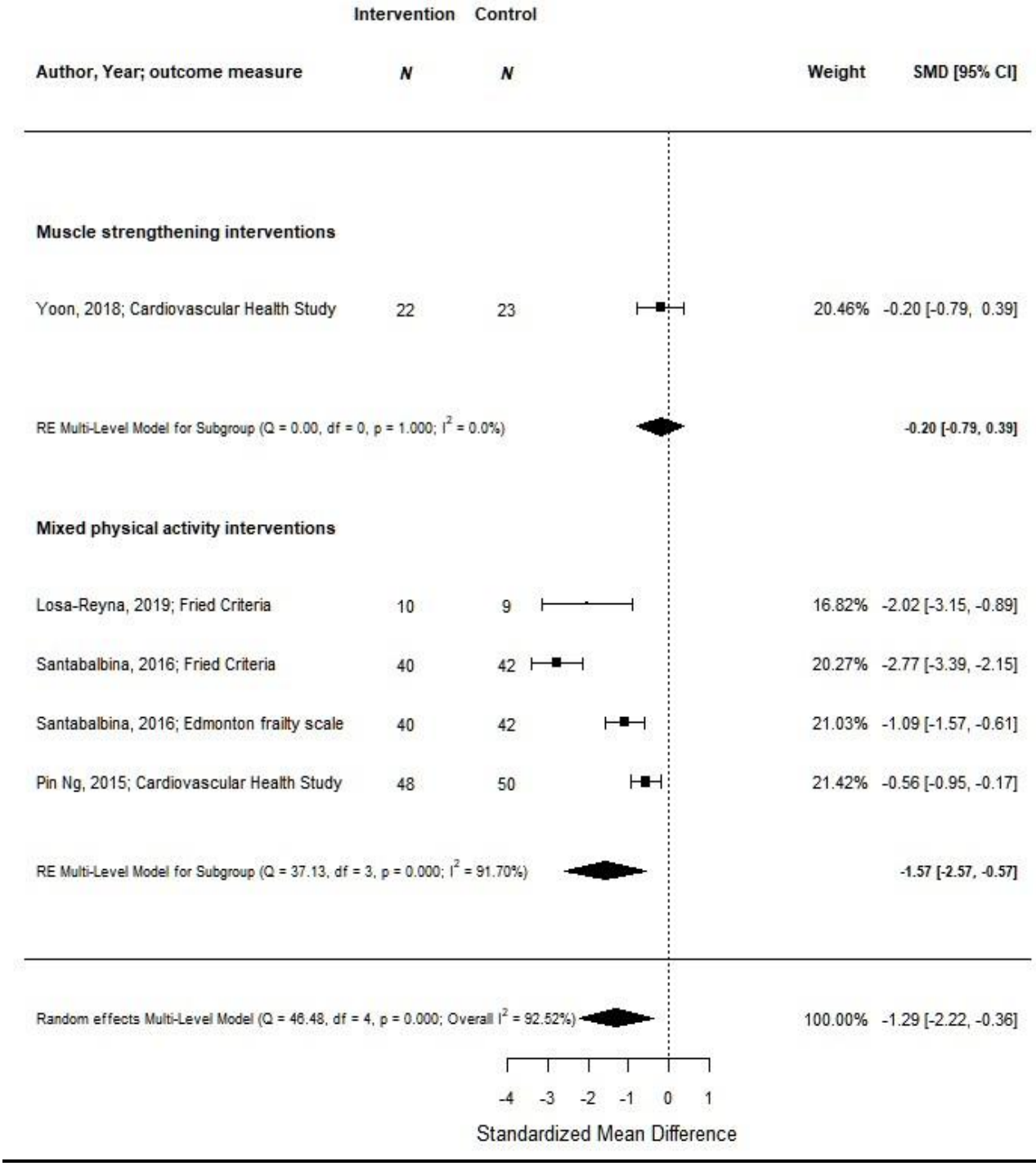
Effect on Cognitive function



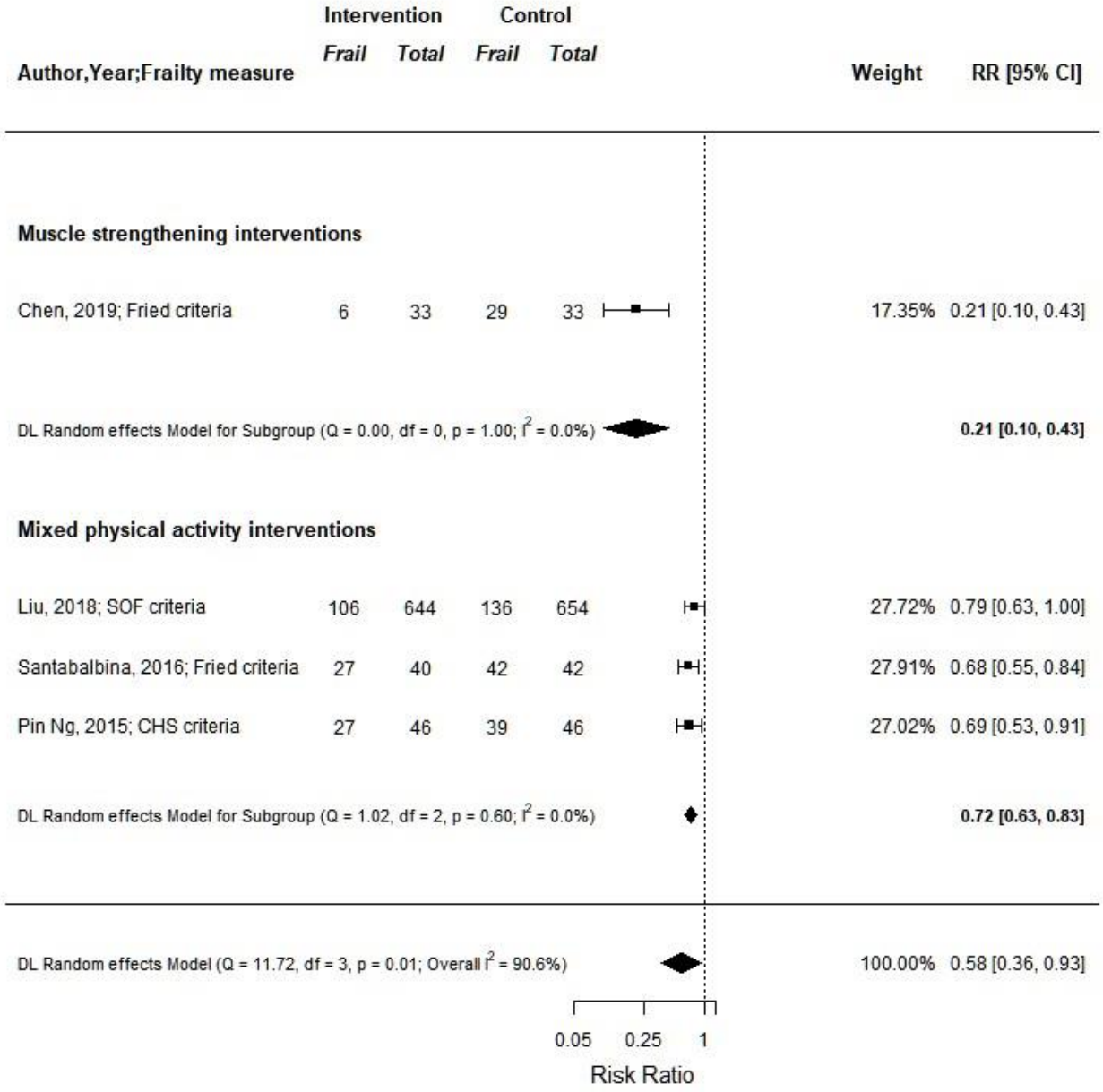
Effect on Quality of life



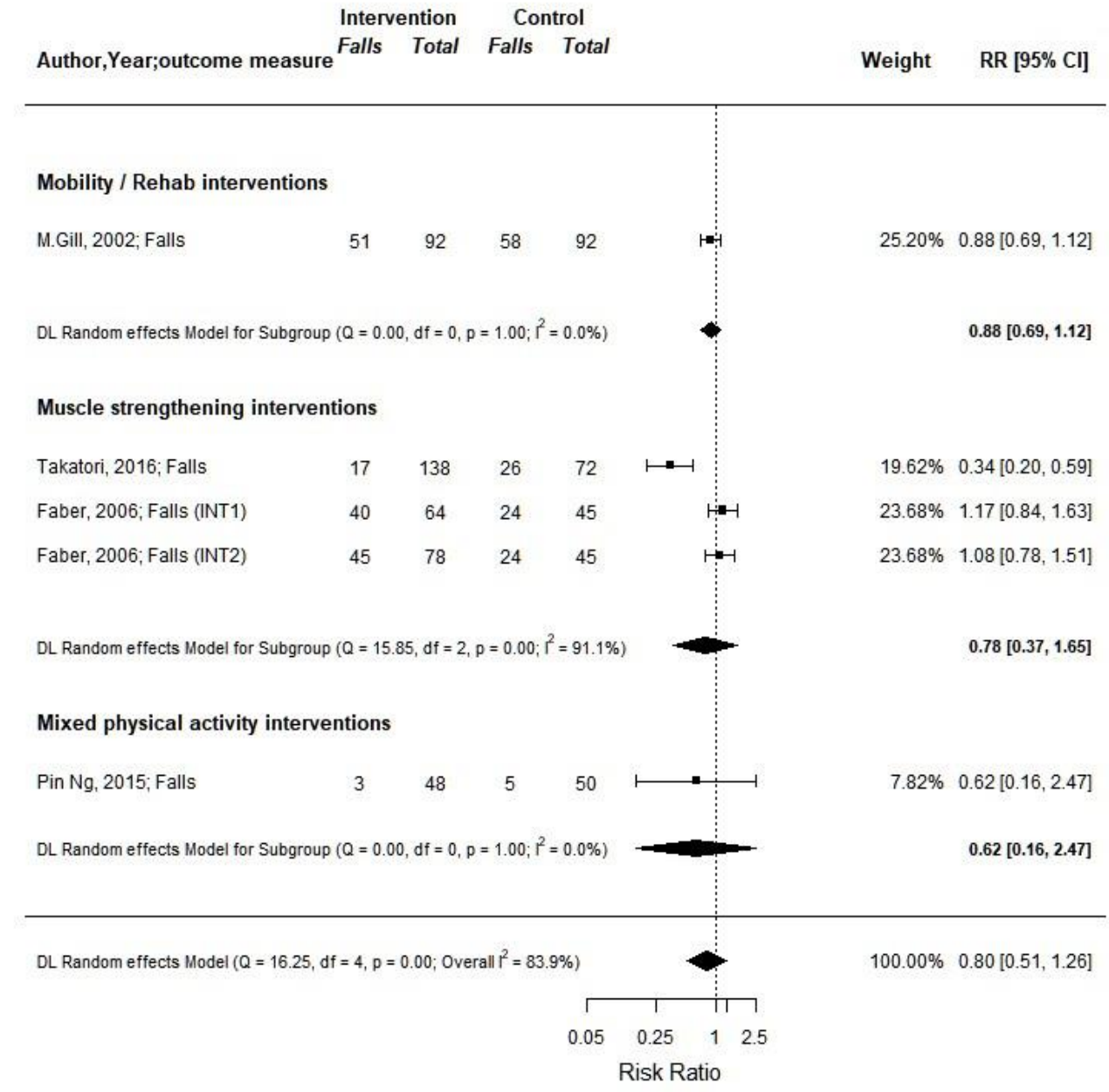
Effect on Frailty (continuous)



Effect on Frailty prevalence (Binary: # Frail at post-intervention)



Effect on Incidence of Falls (Binary: # Falls at post-intervention)

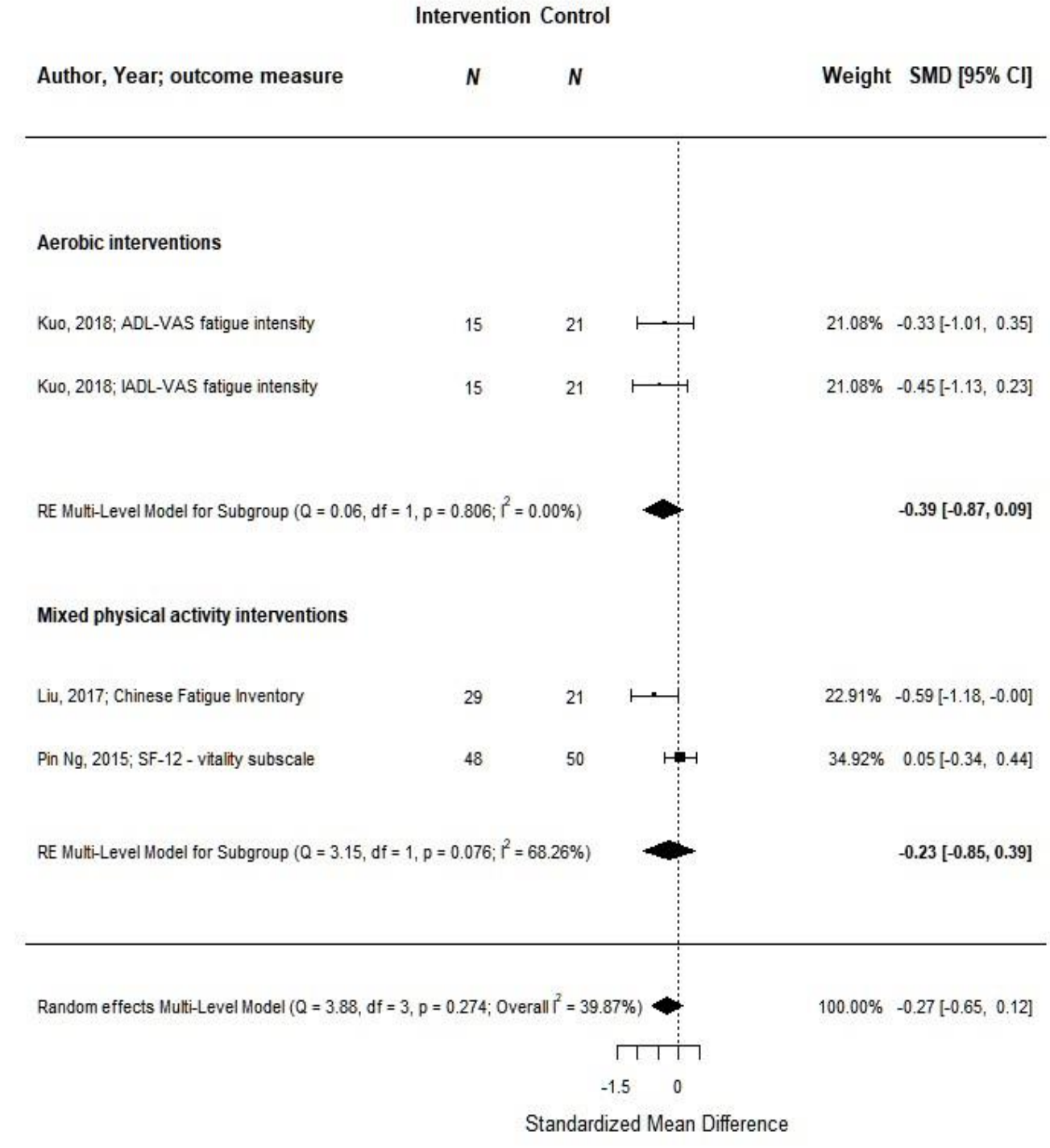


Effect on mean number of falls (continuous)*

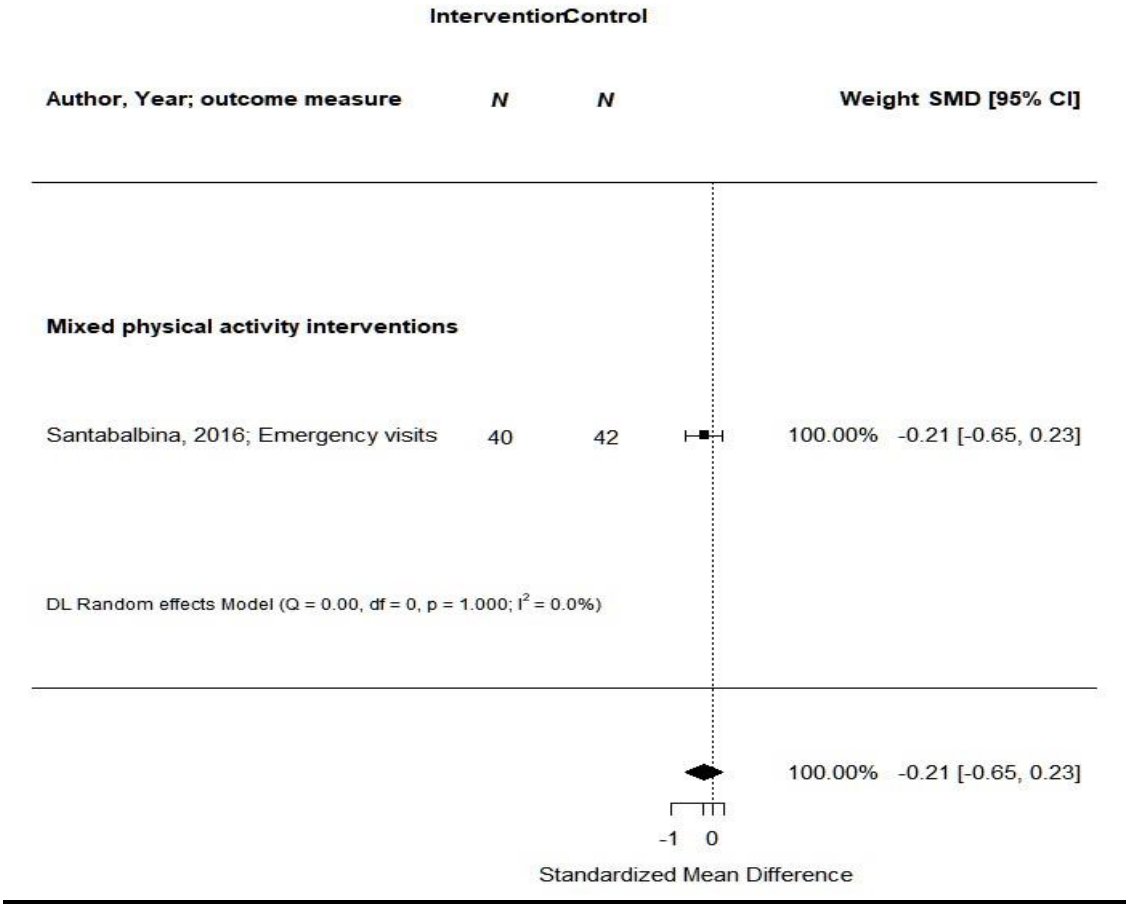
***Only 1 study that provided the data, forest plot only for display purpose**

Appendix 7, as supplied by the authors. Appendix to: Racey M, Ali MU, Sherifali D, et al. Effectiveness of physical activity interventions in older adults with frailty or prefrailty: a systematic review and meta-analysis. *CMAJ Open* 2021. DOI:10.9778/cmajo.20200222.

Effect on Fatigue level

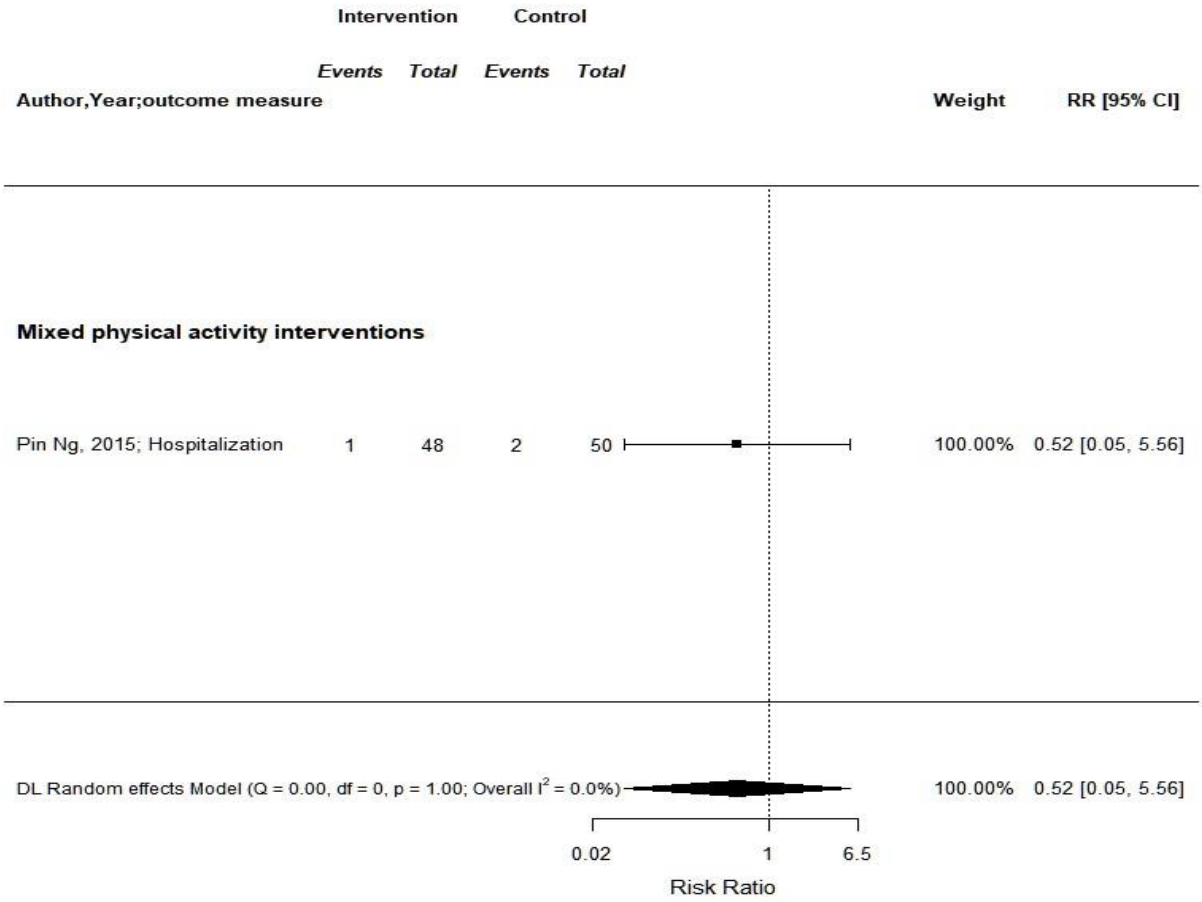


Effect on Health services use (# of Emergency visits - continuous)*



***Only 1 study that provided the data, forest plot only for display purpose**

Effect on Health services use (Hospitalization - Binary)*



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